

SHRIMAD RAJCHANDRA COLLEGE OF PHYSIOTHERAPY

UKA TARASADIA UNIVERSITY

WORLD HEALTH DAY

World Health day is celebrated on 7th April, 2023 worldwide. Shrimad Rajchandra College of Physiotherapy has celebrated this day by organizing an expert session on Meditation. The theory as well as practical session of meditation was delivered by Mr. Hitesh Parekh, Hearfullness Meditator. The students of second year BPT and staffs of SRCP had enthusiastically participated in it. Mr. Hitesh Parekh conducted informative theory session and practical session for the students and faculties. At the end, students had asked questions regarding meditation and share their experience. Total students 96 attended the program along with 4 faculties. The whole event was managed by Dr. Snehal Patel and Dr. Pranjal Contractor.